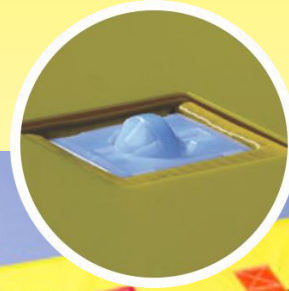


QUICK USER GUIDE

SLED2GO[®]

by Evacusled Inc.



LET'S ROLL

Reduce your risk of injury and increase safety of the patient during an evacuation by following these steps.



IMPORTANT

Remain calm. Reassure the patient.

- Adjust the height of the bed to waist level to avoid extended reaches and bending of your back. Adjust the angle of the bed to ensure ample space to evacuate safely.
- *Always know your evacuation route.*
- Countdown and synchronize with multiple caregivers to work together.
- ASSESS the size/ weight of patient and their level of mobility to determine number or caregivers required.
- When lifting, always keep palms up, knees bent and back straight.
- *Keep in min the 3 Ergonomic Risk Factors that can cause you MSD:*
 - a) Awkward Posture, b) High Force and c) High/Long Frequency.*



- Remove Sled2Go with built in mattress pad and underside wheel system from storage pouch.
- Unbuckle all securing straps.



- Lower bed to waist level to avoid extended reaches and bending of the back.
- Assess patient's weight and ability to assist to determine the number of caregivers needed.
- Layout Sled2Go, wheel side down, next to the patient.
- Place head end (with underside wheels) at the head end of patient.
- Reassure patient. Clear evacuation route. Lock bed brakes.



- Pull back yellow foot cover.
- Log roll/transfer using safe patient transfer practices or ceiling lift (if available) onto centre of Sled2Go.
- Place any IV, charts, pillow, etc. with patient.
- Secure yellow foot cover over patient's feet with 4 adjustable angled straps.



- Starting at foot end of bed, secure foot cover cross strap.
- Tighten and match up remaining 3 color coded seat belt cross straps. You may criss-cross upper orange and black seat belt securing cross straps (depending on height of patient). Orange to black versus orange to orange.
- Tighten the 2 thin orange straps at the very top of head end of the sled.
- To ensure rigidity of sled, tightening cross straps as tightly as possible is CRITICAL.



- Deploy from side of bed with 2 rescuers, each using 2 side handles with palms up, OR deploy from foot end of bed (after removing foot board) with 2 rescuers.

NOTE: Some facilities choose to use a transfer aid such as a Mega Mover.

- Lead rescuer at foot end then takes the foot end pull cord, and rescuer at head end takes head end pull cord.
- The foot end rescuer takes the lead and guides sled to floor keeping back straight and knees bent.

STEP 6



- Use foot end pull handle (choose handle height that is best for good ergonomics).
- One or two rescuers may pull foot cord depending on patient weight.
- ROLL patient along hallway using underside wheels to designated evacuation stairwell.
- Make wide turns at doorways.
- Caregiver can walk backwards or turn and walk forwards.



- Some facilities use only one rescuer at the foot end (based on light patient weight). Others prefer one lead rescuer at the foot end AND a second rescuer at head end. Additional caregivers can assist by placing one caregiver at the head end and 2 at the foot end. Training competency is site specific.
- The foot end rescuer **MUST** keep 3 steps between foot end of Sled2Go and themselves.
- Press foot end of the sled down into the stairwell to activate friction braking system under leg section of sled.
- A second rescuer at head end may provide additional control. This head end rescuer holds head end orange pull cord during descent. Hand off to the next rescuer(s) on stairwell landing.